

Keefer Crossing Middle School Health Syllabus 2009-2010

Teacher: Shawn Powell/Phillip Boatright Course: Health
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Conference: 6th period

Description: Health will meet everyday to provide students with healthy habits and maintain a healthy lifestyle.

Course Requirements:

1. Daily Activities: Daily activities will consist of notes, worksheets, group activities, and quizzes.
2. Homework: Will consist of vocabulary words, and homework will be given periodically.
3. Test: Tests will be given to students after the chapter(s) are completed.

Grading:

Daily Activities: 40 % Homework: 10% Test: 50%

Topics that will be discussed in Health class:

What is Health
Stress
Family Unit
Emotions
Mental Disorders
Diet and Nutrition
Reproduction (Male and Female)
Birthing Process
Puberty
Alcohol and Drugs
Tobacco
Non-communicable and Communicable diseases
Sexually Transmitted Diseases
Physical Activity
Lifestyle factors
Heredity
Advertisement
Teenage Suicide

Material:

Pen, pencil, paper, folder

Expectations: Students will be expected to come to class prepared with all necessary material and put forth their best effort in all activities everyday.